Common Co

嘉諾撒聖瑪利書院家長教師會

smcc-P12/1920

各位家長:

家長教師會將於二零一九年十一月三十日(星期六)上午舉辦「Funky Dance 舞動日」。 Funky Dance 是一種集健體及舞蹈於一身的活動。它結合強勁流行音樂節拍,充滿動感的帶氧韻律動作,融合了時下所有流行音樂的元素和不同風格的舞蹈方式。參與者毋需有舞蹈底子,亦毋需刻意記舞步,可以盡情享受音樂、運動及舞蹈的樂趣。家教會期盼透過這項活動,讓家長與學生們共同歡度一個輕鬆的星期六。活動詳情如下:

日期 : 二零一九年十一月三十日(星期六)

教練: Mr. Rowell Cuenza

名額 : 25 組(母女或父女的二人組合;每家庭最多兩組參加。)

費用 : 每組港幣 20 元。

活動地點: 本校體育室

時間 : 上午11 時至12 時15分

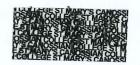
備註 : 報了名而未能參與活動者,費用將不退還。是次活動名額有限。若參加人

數超出限額,出席資格會以抽籤形式決定,結果將另行通知,費用將退還

給未獲出席資格者。

本會誠邀 閣下及家人參與是次活動。請並於十一月二十二日(星期五)或之前,經由 eClass 系統答覆。如 閣下參加是次活動,請交支票往校務處,以支付費用(抬頭為「嘉諾撒聖瑪利書院家長教師會」),並於支票背後寫上學生姓名、班別及學號。請踴躍支持。謹祝

生活愉快





家長教師會主席 黎寶君

校長 黄慧珍謹啟

二零一九年十一月十三日



St. Mary's Canossian College Parent Teacher Association

smcc-P12/1920

13 November 2019

Dear Parents,

The Culture and Recreation Team has put in store a lot of exciting and interesting activities this year. The upcoming attraction is the **Funky Dance Day** for you and your family to enjoy leisure morning. Funky dance is an easy, simple and catchy style of dance. It comprehends dances of different styles which help you to maintain fitness with aerobic exercises, strong rhythm and pop music. Through the dance, you can strengthen the cardiopulmonary function and build up the body endurance. The class offers over dozens of pieces of which you can easily follow.

Details of the event are as follows:

Date

30 November, 2019 (Saturday)

Coach

Mr. Rowell Cuenza

Quota

25 pairs (mother-daughter or father-daughter pair; at most 2 pairs per family)

Fee

\$20 per pair

Venue

School Gymnasium

Time

11 am – 12:15 pm

Note

There is no refund for absentees. As the quota is limited, lots will be drawn if necessary and all will be informed of the result afterward. Refund will be

made to those who are unsuccessful in the lots drawing.

Do grasp this opportunity to have some quality time with your daughter. Your support for this event will be a great encouragement to us. Please reply through the eClass system by 22 November 2019 (Friday) and submit to the General Office a crossed cheque made payable to "St. Mary's Canossian College Parent Teacher Association", with the name, class and class number of your daughter written on the back if you would like to enrol for the activity. We look forward to receiving your favourable reply!

God's love & blessings on you and your family!

Sincerely yours,



Ms. Prudence LAI Chairperson



Ms. Janet WONG Principal